**Harvard Council on Aging Survey**

**Draft 9/18/2016**

Please assist us by participating in our survey. The Harvard Council on Aging (COA) wants you to stay in Harvard as you age. To accomplish that goal, we need your opinion of the COA and Hildreth House building. Your honest evaluation, support and suggestions go a long way to help us improve our services to the community, as well as make plans for the future of the Hildreth House as a senior center. As you fill out this survey, please think to the future and let us know how you would like to see us grow. Thanks for supporting us!

**About You:**

1. How long have you lived in Harvard?

* <1 years
* 1-5 years
* 6-10 years
* 11-15 years
* 16-20 years
* Greater than 20 years

2. What is your age?

* + 60 - 69 years
  + 70 - 79 years
  + 80 - 89 years
  + 90+ years

3. What is your gender?

* Male
* Female

4. Please indicate your total household income before taxes this past year.

* Up to $20,000
* $20,000 - $39,000
* $40,000 - $79,000
* $80,000 - $100,000
* Above $100,000
* Prefer not to answer

5. I currently live:

* Alone
* With a spouse or other family member
* With a friend or caretaker
* In a senior living center (independent living, assisted living, skilled nursing)

6. Do you drive?

* Yes
* No

7. Would you like to remain in Harvard as you get older?

* Yes, and I plan to do so
* Yes, but I doubt I will
* No

8. If you plan to move away from Harvard, what factors influenced your decision? *Check all that apply.*

* Access to health care, other activities
* Inadequate senior services in Harvard
* Lack of opportunities to downsize
* Property taxes
* Proximity to family
* Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**About The Council on Aging:**

9. How important is an active COA for Harvard?

* Very important
* Somewhat important
* Neither important nor unimportant
* Somewhat unimportant
* Very unimportant

10. How important is an active COA specifically to you?

* Very important
* Somewhat important
* Neither important nor unimportant
* Somewhat unimportant
* Very unimportant

11. How often do you participate in programs/services offered by the COA (at Hildreth House or elsewhere in the community)?

* Two or more times per week
* One time per week
* Once or twice a month
* One or more times per year
* I do not participate in COA programs/services

12. If you have not used COA programs/services, please tell us why not.  *Check all that apply.*

* Not interested in the trips or activities
* Programs are not compatible with my schedule
* I am too busy/have no time
* Transportation is a problem for me
* I am in poor health
* I am too young for this type of center
* I didn’t know the senior center was available
* Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

13. Have you ever been reluctant to visit Hildreth House/use COA services due to: *Check all that apply.*

* Inadequate or unsafe parking
* Inadequate lighting
* Crowded or congested rooms
* Uncomfortable building temperatures
* Lack of space in programs/frequently wait-listed
* Lack of transportation
* Don’t know anyone at the events
* Discourteous or unhelpful staff
* Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* I have not felt reluctant to visit Hildreth House

unds orsThough not guaranteed, there will be efforts to raise private funds or

14. Below is a list of programs and services available in Harvard. Please indicate your familiarity with the service, and indicate whether you have **USED** this service, have **HEARD OF** the service but not used it, or **HAVE NOT HEARD OF** the service:

|  |  |  |  |
| --- | --- | --- | --- |
| Service or Program | Have Used This Service | Have Heard of Service But Not Used It | Have not Heard of Service |
| Transportation to: |  |  |  |
| Physician/medical offices |  |  |  |
| Grocery |  |  |  |
| COA events |  |  |  |
| Outreach Services: |  |  |  |
| Benefits counseling for seniors |  |  |  |
| Benefits counseling for those under age 60unds or |  |  |  |
| Higher levels of care |  |  |  |
| Home safety evaluations |  |  |  |
| Coordinating home health care |  |  |  |
| Meals on wheels |  |  |  |
| Downsizing assistance |  |  |  |
| Podiatrist/Visiting nurse services |  |  |  |
| Programs: |  |  |  |
| Social programs (holiday parties, coffee hours, support groups, intergenerational programs, games) |  |  |  |
| Intellectual programs (Ted talks, educational guest speakers, trips, book club, writing workshops, music classes, cooking, arts/crafts classes) |  |  |  |
| Physical health programs (nurse/podiatrist clinic, yoga, tai chi, dance classes, nutrition seminars, chronic-disease management programs) |  |  |  |
| Spiritual heath programs (Tai Chi, meditation groups, nature groups) |  |  |  |
| Meals at Hildreth House: |  |  |  |
| Daily meals |  |  |  |
| Weekly meals |  |  |  |
| Holiday/Special event meals |  |  |  |

15. Which of the following types of services is MOST IMPORTANT to you? Please rank 1 - 4, with 1 being the most important and 4 being least important:

\_\_\_\_\_ Transportation services

\_\_\_\_\_ Outreach services

\_\_\_\_\_ Programs

\_\_\_\_\_ Meals

15. What is the most convenient time for you to participate in COA activities? *Check all that apply.*

* Morning
* Afternoon
* Evening

16. Are the existing fees for classes and programs:

* Too low
* Reasonable
* Too high

17. How do you usually get to work, shopping, services, medical appointments, etc.? *Check all that apply.*

* Drive myself
* Get a ride from family or friends
* Council on Aging / MART van
* Harvard Help (Harvard’s volunteer transportation)
* Taxi or other paid driver
* Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

18. Think about your life since you started attending the senior center. Below are some ways that senior centers might make a difference. Please put a check in the box that best matches your response for each statement.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Because I go to the Senior Center I...** | **Most of the Time** | **Sometimes** | **Almost Never** | **Not Applicable** |
| 1. Do more volunteer work |  |  |  |  |
| 2. See friends more often/make new friends |  |  |  |  |
| 3. Take better care of my health |  |  |  |  |
| 4. Eat meals that are better for me |  |  |  |  |
| 5. Have more energy |  |  |  |  |
| 6. Feel happier or more satisfied with my life |  |  |  |  |
| 7. Have something to look forward to each day |  |  |  |  |
| 8. Know where to ask if I need a service such as a ride to the doctor or the grocery |  |  |  |  |
| 9. Feel more able to stay independent |  |  |  |  |
| 10. Feel that the senior center has had a positive effect on my life |  |  |  |  |
| 11. Learn new things |  |  |  |  |
| 12. Have learned about services and benefits |  |  |  |  |
| 13. Am more physically active |  |  |  |  |
| 14. Would recommend the senior center to a friend or family member |  |  |  |  |

**About the Hildreth House Building**

19. Proposed Phase II of the Hildreth House renovation project would expand the facility to include a new dining room, multi-purpose room for fitness or craft classes, handicap-accessible kitchen, and additional restrooms. Current estimates for this project are approximately $3 million plus associated increased operating expenses, which in total would add $150-175 to the average tax bill. Though not guaranteed, there will be efforts to raise some private funds and/or offset costs with developers.

* I support Phase II
* I do NOT support Phase II